10 O'CLOCK ROCK

Dear Families of 10 o'clock Rock,

I hope you are all enjoying the last week or so of the Summer holidays and your plans haven't been disrupted too much by the stormy weather! Just a reminder that there is a children's communion on Sunday the 13th. This will take place in the vicarage garden and will include a craft, a story and communion. You need to book (by emailing or messaging me) if you would like to attend as we have limited spaces. The deadline for the competition is Friday the 5th of September- the details are down below if you missed it last week. Also, there is an all age service next Sunday on zoom. Have a brilliant week,

Matthew 16:21-28

In this part of the bible story Jesus explains to his disciples that following him isn't always easy. He asks his disciples if they are willing to put aside selfish thoughts and do the best they can to help others. He tells them to think of the bigger picture and assures them that they don't need to be scared about it. Because, even if it's not always easy, they are doing the right thing by trying to help others and learning from God.

Prayer for the Week

Dear Lord,

Thank you for teaching us that the path of following you is not always easy. Please give us patience, strength and help us to focus on the journey. Help us to know that it is worth carrying on. Keep us close to you, now and always.

Amen



Can you find these key words from today's Bible passage in the word search?

S	b	i	i	С	w	e	h	l	+
С	S	f	q	P	x	S	n	h	w
Z	g	e	e	S	i	u	e	a	×
q	k	†	l	f	P	m	J	i	С
h	e	٧	l	f	S	j	e	S	×
r	0	e	С	e	l	b	S	S	r
g	S	Z	l	r	P	e	u	e	u
×	q	٧	d	r	0	L	S	M	g
S	e	l	P	i	С	S	i	d	e
S	f	0	l	l	0	w	S	u	w

cross selfless Messiah
themselves Jesus follow
Lord Peter selfish
disciples

Competition Time!

Using recycled materials create a house. Be as imaginative, creative or as wacky as you like. The 'house' can be as small as a match box or as big as a shed (although this should be done with care and make sure to always wear protective clothing and have an adult present when using power tools). The 'house' can be 2d as well if you don't have any materials to hand or would rather paint/draw your creation.

How to Enter

Email a picture of your creation to cogssundayschool10@gmail.com

with your name and what you've created the house from. The deadline for this competition is **Friday the 5th of September.**