



Church of the
Good Shepherd

Mothering Sunday

15th March 2026



'Fill your horn with oil and set out'. 1 Samuel 16.1.
Image by Revd Jess, see Bible Art below for commentary.

This Sunday we celebrate Mothering Sunday, a traditional day to honour mothers, maternal figures, and those who nurture us. We celebrate with an all-age Communion service at 10am and the distribution of flowers. Also called 'refreshment Sunday', it occurs half-way through Lent and is a time when we can relax Lenten observances. All are welcome.

Collect

God of love,
passionate and strong,
tender and careful:
watch over us and hold us
all the days of our life;
through Jesus Christ our Lord.

Readings

1 Samuel 1.20-28

Psalm 34.11-20 or Psalm 127.1-4

2 Corinthians 1.3-7 or Colossians 3.12-17

John 19.25-27



WELCOME BACK, DANIEL!

Canon Tony writes....

Next weekend (21st/22nd March) Daniel, from Uganda, will be back with us for a brief visit. At our Sunday services he will share with us news of SEAN Uganda's work in Refugee Camps, the Ndejje Medical Centre and Children's Library, and in the training of church leaders.

Our collection at both Sunday Services and any personal gifts that we make that weekend will go to support that work.

"Daniel, we are looking forward to your visit!"

Cards and craft At last Sundays pre-Easter 'Card and Craft Sale', the grand total of £102.70 was raised for COGS. Hilary and Bob

would like to thank you for your very kind support.

Celtic Evening Prayer during Lent Join us online for a special Lent liturgy from Lindisfarne. A short reflective 20-minute service. Make it part of your Lent practice, Wednesdays 6pm. See below for link.

Healing Prayer is offered most Sundays after the 10am service in the side chapel.

Bible Art (see image at top of newsletter)

1 Samuel 16.1- 13. How long will you grieve over Saul? Fill your horn with oil and set out.

My painting this week shows the two vessels which contained the oil which Samuel used to anoint two kings. Firstly, the tiny fragile pottery flask of oil for the tall strong young man Saul, and secondly, the large strong horn, (often a symbol of Israel's strength) of oil for the small sheep-herding boy David.

The tears in the painting are Samuel's as he fills the horn with oil. The task of anointing Saul as king must have been a huge event in the young Samuel's life, and Samuel may always have felt protective towards him for that reason.

Yet now, in this passage, the Lord is telling Samuel that Saul has been disobedient, and that he must go and anoint one of the sons of Jesse instead ... and Samuel grieves over Saul. Notice that the Lord does not tell him to stop grieving, but just to fill the horn with oil and go and anoint whoever he is instructed to anoint. From the end of the previous chapter, it seems likely that the Lord was also grieving over Saul and that Samuel's grief may have been partly on the Lord's behalf, a sort of shared grief?

Are we sharing the Lord's grief when we weep inside at what is happening in the world? **Revd Jess**

Part-time cleaner wanted for our church hall



We are proud of our church hall on Shoreham Beach!
We need an extra pair of hands as part of a job share.
If this is something you would like to do, get in touch to discuss details and rates of pay.
Thank you!
office@cogschurchwardens.co.uk



Church of the
Good Shepherd
Kings Walk, Shoreham Beach

FRIENDS Our 2nd March meeting will be on the 20th. As usual new members are welcome. Joy Daintree. Tel. 01273 462584

Christian Aid Changemakers

Conference 2026 The Good Shepherd is delighted to be offering a regional 'watch party', with a livestream of the annual Christian Aid conference. During the conference Christian Aid shines a spotlight on the incredible work of its trusted partner organisation – Beacon of Hope, a faith-based NGO in Kenya. You'll hear about their inspiring initiative, *Imarisha Kilimo* – which means "strengthen agriculture" in Swahili. This project is helping families in Kenya, build sustainable livelihoods through improved farming practices. Join us to discover powerful stories of change, and learn how, together, we can make a lasting impact in the fight against poverty. **The watch party takes place in the Good Shepherd Church on**

Saturday 14th March, 10am-1pm.
Refreshments provided. All welcome.

Easter Services

29th March Palm Sunday

10am Parish Communion
with procession of palms

2nd April Maundy Thursday

7.30pm Holy Communion with the
washing of feet followed by
the Watch until 10pm

3rd April Good Friday

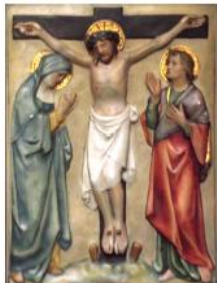
9.30am Children's service making Easter gardens
2pm Good Friday Reflections

5th April Easter Sunday

6am Sunrise Communion on the beach
10am Parish Communion



Church of the
Good Shepherd
Kings Walk, Shoreham Beach



Stations of the Cross

St Mary de Haura
Fridays at 12noon

20th, 27th February
6th, 13th, 20th, 27th March

Everyone welcome
www.stmarydehaura.org.uk



**Afternoon Tea
Fundraiser
Saturday May 9**

2-4pm at **The Church
of the Good Shepherd
Shoreham Beach, BN43 5LF**
£10 adults £5 children under 11
Includes a donation to Christian Aid
Hurry to get tickets before all go
contact Jill: 07796932420
or email Jenny Stride:
jennymarshall42@gmail.com

**In aid of
christian
aid**

By turning hope
into action, we're
helping to build
a fairer, more
peaceful world

And finally...

PRAY WITH US

Almighty God,

We turn to you as we witness the rising of conflict
and the fear laid upon ordinary lives.

Trusting in your steadfast love,
we hold before you our friends and partners across
the Middle East,
in communities already stretched beyond
endurance.

We remember before you all whose hearts are
filled with dread today.
Surround them with your protection.
Be a fortress for those who cannot flee
and a shield for those whose work is to heal and to
hope.

Open paths for wisdom, restraint, and justice
where none seem possible.
Give courage to peacemakers
and teach us to stand with those who suffer,
to pray without ceasing
and to hope, even now, in your redeeming love.

Amen.

Our mission partner Embrace the Middle East is directly affected by, and has been responding to, the escalating conflict across the region. It continues to share updates, and prayer requests as they come in. It has a dedicated [prayer page](#).

I work half-time and the days I am usually available are Tuesday, Wednesday, Friday and Sunday morning. I wish you all a blessed week, Revd Jane

Services this week

Sunday 15th March

8am – Holy Communion with Revd Jane.

10am – All-age Parish Communion with Revd Jane.

Please note that we don't stream our all-age services.

Tuesday 17th March

9.30am – Holy Communion with Revd Pat.

Wednesday 18th March

6pm – Lent Celtic Evening Prayer on Zoom [CLICK HERE](#)

Meeting ID: 868 1252 3106 Passcode: 960274

Friday 20th March

8am – Meditation with Morning Prayer A benefice service at St Mary de Haura

Saturday 21st March

8am – Morning Meditation

– in the Good Shepherd and also on Zoom <https://us02web.zoom.us/j/81286470381>

Meeting ID: 812 8647 0381

Church website

www.goodshepherdshorehambeach.org.uk

If you are reading this newsletter on a paper copy and would like to receive it each week through email please contact: cogsenews@gmail.com

Contacts

Revd Dominic Fenton

dominic.fenton11@btinternet.com

Tel: 07846629455

Revd Jane Bartlett

bartlett.jane@ntlworld.com Tel: 079355 38085.

Church warden *Kay Haffenden and Nix Cuthell: office@cogschurchwardens.co.uk*

Safeguarding Officer Catherine Mann

cogssafeguarding2025@gmail.com

Tel: 07986800316

Treasurer Chris Diebel Email:

cogstreasurer2025@gmail.com

Parish Centre *smdh.office@gmail.com*

01273 440202. Open: Tues, Thurs 10am-1pm.

Good Shepherd Hall bookings

goodshepherdhall@gmail.com

Tel: 01273 440202

Prayer chain *(for emergency prayer) Liz Beeston 01273 454685*



To donate to the Church of the Good Shepherd online [CLICK HERE](#) Thank you