



Tenth Sunday after Trinity

9th August 2026



Genesis 37 'Reuben said to his brothers 'The boy is gone, and I, where can I turn?'

Image by Revd Jess, see Bible Art below for commentary.

All are welcome to join us as we continue our journey through the green days of Ordinary Time.

Collect

Lord of heaven and earth,
as Jesus taught his disciples to be persistent
in prayer,
give us patience and courage never to lose
hope,
but always to bring our prayers before you;
through Jesus Christ our Lord.

Readings

1 Kings 19.9-18 (Genesis 37.1-4,12-28)

Psalms 85.8-13

Romans 10.5-15

Matthew 14.22-33



Sea Lights, the Sunday group for children, meets in the hall this week at 10am. New children are always welcome.



FRIENDS will meet on Friday 7th August for chat and games, tea and cake. Due to holiday commitments, we will not meet again until Friday 4th Sept.

To find out more please ring Joy tel. 01273 462584

Saturday morning meditation takes an annual break during August (no meditation 8th, 16th, 22nd or 29th August).

Bible Art (see image at top of newsletter)

Genesis 37 Reuben said to his brothers 'The boy is gone, and I, where can I turn?'

I was thinking about Reuben's role in the kidnap and disposal of Joseph, and how it would have affected him for the rest of his life. He was the eldest, the one who should have protected his younger brother. As the eldest he should have had the authority to stop what the others planned to do completely; instead, he took a halfway stand, telling them not to kill him, but put him in the pit - meaning to come back later and get him out.

It seems that he then went off with his part of the flock because he wasn't there when Joseph was sold to the traders, but came back to find that Joseph was no longer in the pit, and said to his brothers 'The boy is gone, and I, where can I turn?'

Just imagine the depth of guilt he then had to bear (signified by the black cloud descending on him) as he watched his beloved father fall to pieces in his grief and lose the desire to live. All the brothers seem to have felt that sense of guilt as is seen by their comments during the famine many years later, but I have a feeling that Reuben's would have been the most burdensome because he had the authority to stop it completely but appears to have not had the strength of character to do so. Guilt is a hard thing to bear, and many people do not realise that the Church of England has a Service of reconciliation especially for those struggling with guilt, where they can confess the thing which is bothering them, and be assured of God's forgiveness.

Rev'd Jess

A poster for a performance by Coastline Harmony. At the top, there is a logo for 'Church of the Good Shepherd' featuring a cross and a sheep. Below the logo is a photograph of a church building with a red roof. Overlaid on the photograph are several black musical notes and a treble clef. Below the photograph is a blue banner with the text 'Coastline Harmony' in white. Underneath the banner, the text 'A Performance of Close Harmony Singing' is written in a blue, cursive font. Below this, the date and time 'Saturday 22nd August 6.30pm' are written in black. To the left of the church name is a small illustration of a cup of tea on a saucer, and to the right is a small illustration of a slice of cake. Below these illustrations, the text 'Church of the Good Shepherd Shoreham Beach' is written in black. Underneath that, the text 'Followed by refreshments and cakes' is written in a blue, cursive font. At the bottom, the text 'Entrance by donation - fundraising for The Good Shepherd Church' is written in black.

Church of the Good Shepherd

Coastline Harmony

A Performance of Close Harmony Singing

Saturday 22nd August 6.30pm

Church of the Good Shepherd
Shoreham Beach

Followed by refreshments and cakes

Entrance by donation - fundraising for
The Good Shepherd Church

Fundraising Performance The Good Shepherd welcomes Coastline Harmony, an award-winning local women's a capella group. An evening with songs of all styles and genres. Come and enjoy the joy of song. Coastline Harmony is generously offering this performance as a fundraiser for the Good Shepherd. Donations are welcome. Refreshments to follow. All welcome. Thanks go to Andrea Weller and Martin Devereux for arranging this event.



**Turning
Tides Tour of
Skywaves
House -
morning of
Wednesday
23rd
September.**

The West Sussex homelessness charity (and our mission partner) is offering the Good

Shepherd a tour of Skywaves House, an innovative supported housing development in Worthing. It provides self-contained apartments for those with complex needs who have experienced homelessness. Residents receive around-the-clock, wrap-around support from on-site staff, mental health professionals, and substance misuse teams, allowing them to rebuild their lives and transition into long-term independent living. Email Revd Jane to book your place. bartlett.jane@ntlworld.com

You can learn more about Skywaves House [here](#).



School holiday foodbank appeal, 15th and 16th August. For two days the Good Shepherd is a local drop-off point for a special school holiday appeal by the Shoreham and Adur Community Foodbank. This is over the weekend of 15th and 16th August. Food items such as pasta, sauce, canned tuna, sweetcorn, mayonnaise, cereal bars, crisps, cereal, long-life juice and sweet treats are welcomed. If you want to donate food at other times, please email the foodbank for details about dropping off points: shorehamandadur@foodbank.org.uk

Early Newsletter Deadline To allow for holidays, notices for the newsletters of Sunday 23rd August and Sunday 30th August need to be with Revd Jane by Tuesday 18th August.



Individual Healing

Prayer is offered most Sundays after the 10am service in the side chapel.

And finally...



'Waiting for Lunch' by Angela Tritton. Oil on canvas.

We have a new exhibition of community art in the side chapel. Thanks to Angela Tritton for curating the display and all our church artists. Do pause in the side chapel and enjoy.

I work half-time and the days I am usually available are Tuesday, Wednesday, Friday and Sunday morning. I wish you all a blessed week, Revd Jane

Services this week

Sunday 9th August

8am – Holy Communion with Revd Jane

10am – Parish Communion with Canon Tony, Judy and Derek.

This service will be live streamed onto our Facebook and You Tube channel.

You Tube page [CLICK HERE](#)

Church Facebook page [CLICK HERE](#)

Please note that we don't stream our all-age services.

Tuesday 11th August

9.30am – Holy Communion with Revd Jane

Wednesday 12th August

6pm – Celtic Evening Prayer on Zoom [CLICK HERE](#)

Meeting ID: 868 1252 3106 Passcode: 960274

Friday 14th August

8am – Meditation with Morning Prayer A benefice service at St Mary de Haura

Church website

www.goodshepherdshorehambeach.org.uk

If you are reading this newsletter on a paper copy and would like to receive it each week through email please contact: cogsenews@gmail.com

Contacts

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Parish Centre smdh.office@gmail.com

01273 440202. Open: Tues, Thurs 10am-1pm.

Good Shepherd Hall bookings

goodshepherdhall@gmail.com

Tel: 01273 440202

Prayer chain (for emergency prayer) Liz Beeston 01273 454685



To donate to the Church of the Good Shepherd online [CLICK](#)

[HERE](#) Thank you